

THE SKIN NAIL BAR

escape the ordinary *Treatment Menu*

FACIALS

***MESOESTETIC (SPAIN)**

Top quality products & treatments that meet strict safety controls, with scientifically proven results.

Express Facial	R429
Advanced Facial	R765

LAMELLE (RSA)

Pharmaceutical grade products with active ingredients, made in SA delivering high concentrations for noticeable results.

Express Facial	R405
Advanced Facial	R679

***ESSE (RSA)**

Esse's organic biotechnology rewilds your microbiome to keep skin healthier and younger

Express Facial	R398
Esse Experience	R734

MASSAGE

BACK, NECK & SHOULDER

30 minutes	R419
45 minutes	R460
60 minutes	R655

SWEDISH FULL BODY

60 minutes	R675
90 minutes	R880

***HOT STONE**

30 minutes	R430
60 minutes	R685

***SPORTS**

30 minutes	R470
45 minutes	R520
60 minutes	R699

PREGNANCY

45 minutes back	R519
75 minutes full body	R699

Foot Relax Massage 30 mins R390

*Reflexology 45 mins R450

*Product brand and treatments may vary according to branch. Please enquire upon booking.

Contact your nearest branch for bookings:

Durban North:
076 422 9641
hello@skinandnail.co.za

Salt Rock:
073 513 1930
salt@skinandnail.co.za

Saita Sibaya:
083 584 7230
saita@skinandnail.co.za

For more info, visit us at www.theskinandnailbar.co.za or follow us on social media
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Treatment Menu

HANDS

Nail Shape and Paint	R110
Express Manicure	R187
Spa Manicure	R330
Express Manicure with Gel Polish	R320
Spa Manicure with Gel Polish	R400
Men's Manicure	R282

LASHES & TINTING

Brow Tint	R85
Lash Tint	R104
Brow and Lash Tint	R165
Lash Lift and Tint/curl	R419

FEET

Express Pedicure	R244
Spa Pedicure	R380
Express Pedicure with Gel Polish	R330
Spa Pedicure with Gel Polish	R450
Men's Pedicure	R345
Mediheel Spa Pedicure	R478
Mediheel Gel Spa Pedicure	R555

WAXING

Brow/Lip/Chin Wax	R79
Lip & Brow Wax	R135
Full Face Wax	R235
Underarm Wax	R110
1/2 Leg Wax	R209
3/4 Leg Wax	R225
Full Leg Wax	R270
1/2 Arm Wax	R150
Full Arm Wax	R215
Bikini Wax	R177
Brazilian Wax	R292
Hollywood Wax	R320
Back Wax	R235
Chest Wax	R299

EXTRAS

Nail Art	P.O.R
French Polish	R37
Gel Polish Soak Off	R95
IBX Treatment	R135

BODY TREATMENTS

*Full Body Scrub	R260
Back Cleanse	R550

(the 'facial' treatment for your back)

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Medical Aesthetic Treatments

* Currently only available in Durban North & Salt Rock Branches

MESOESTETIC - LAMELLE - DERMEXCEL

MONO ACID PEELS

Superficial peel to hydrate and improve imperfections
Lacti-firm/ Alpha/ Beta

R715

COMBINATION PEELS

Use of two or more acids in combination, in order to make the peel more effective.

Jessners Peel (congestion, dark spots, skin tone and ageing)

R859

Azelan Peel (acne prone and congestion)

R859

Melanostop Peel (pigmentation and photo ageing)

R859

Specialised Periocular Eye Treatment (including microneedling around the eye)

R699

Dermalize Peel (pigmentation, photoaging, acne)

R790

Tri-active Retinol Peel (inflammatory skin conditions)

R824

MEDIUM DEPTH PEELS

More dramatic results, may require extended recovery time.

Melanoplus Peel (TCA 20%)

R1475

TCA 15%

R1475

TCA 35%

R1475

Specialised De-pigmentation Cosmelan Peel

P.O.R

Specialised Acnelan Peel (treatment for all phases of acne)

P.O.R

MICRONEEDLING

From R1530

An advanced treatment using microneedles and advanced sterile ampoules to stimulate, treat and improve a variety of skin conditions such as acne scarring, fine lines and wrinkles, loose skin, skin texture, pore size, brown spots, stretch marks and pigmentation.

*Hair loss treatment available on request

LED LIGHT THERAPY

Single session (30 minutes)

R350

Course of three sessions (30 minutes each)

R995

course of five sessions (30 minutes each)

R1500

*add on to any treatment (15 minutes)

R160

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